

TCP PEOPLE

Humber Transforming Care Partnership news



This easy read newsletter will tell you what the Humber TCP is doing to change health and care services to make a real difference to the lives of children, young people and adults with a learning disability and/or autism in Hull, East Riding of Yorkshire and North East Lincolnshire.



Hello everyone and welcome to our second Transforming Care Partnership (TCP) newsletter. This newsletter tells you what Humber TCP have been doing to make services better for people with learning disabilities and/or autism.

What is a Transforming Care Partnership (TCP) and who is part of it?



Transforming Care Partnerships (TCP'S) are a group of people who work together to make sure Transforming Care is happening for all people in Hull, East Riding of Yorkshire and North East Lincolnshire.



Transforming Care Partnerships are made up of lots of different people. In the Humber TCP this includes:

- People who use services
- Family Carers
- People with learning disabilities who live in the community of Hull, East Riding of Yorkshire and North East Yorkshire.
- Clinical Commissioning Groups (CCGs), councils and mental health services from Hull, East Riding of Yorkshire, North East Lincolnshire.





- NHS England Yorkshire and Humber Specialised Commissioning Team
- National Probation service - Hull and East Riding

Humber TCP has been looking at how it can help people and families at times of crisis



Building the Right Support is a national plan to change services in England. This plan is about changing the way that people with behaviours that challenge services are supported.



Challenging behaviour means people who may damage things (break windows or smash things up).



They may do this because they are unhappy about their service or support. This is what we mean when we say 'people who challenge services'.



Building the Right Support says that people should be able to get support close to home. People should only go to hospital when they really need to.



Building the right support has 9 ways to make sure services are more person centred. These are called **principles**.



In November Humber TCP held an event for people to come together to talk about 1 of the 9 principles. You can see the 9 principles in full on page 8.

Principle 9 says:



"If I have to go into a hospital because my health needs cannot be met in the community, it is high-quality and I don't stay there longer than I need to."



50 people came to the event to have their say. This included people with learning disabilities and/or autism, carers and health and social care professionals.

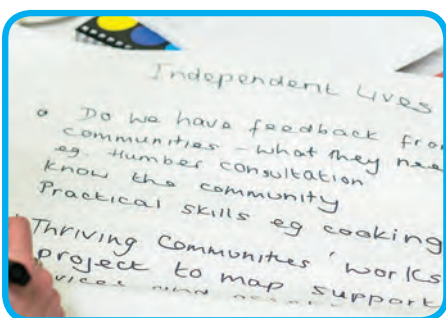


It was a good time for everyone to look at best practice in our area; and for people to think about what we have been doing to help people get the support they need in the community and not go into hospital.



There were 3 excellent presentations given by the:

- Intensive Home Support for Hull and East Riding of Yorkshire
- Townend Court Hull Assessment and Treatment Unit
- Intensive Support Team/Adult Learning Disability service for North East Lincolnshire



Some of the important messages that came from the day were.

People can only be supported outside of hospital if they have good activities and/or have a job.



Independent Lives
• Do we have feedback from communities - what they need?
eg. Humber consultation
know the community
• Practical skills eg cooking
Thriving Communities' workstream
project to map support
needs and activities

We need more beds to help people in a crisis and stop them going into hospital.

Funding between services needs to be better.



Staff from Intensive Support Services could support services to work better with people with complex behaviour



We need to make sure that health and social care staff have really good skills and training.



We need better plans for the future.

We need to stop people from being stuck in the criminal justice system.



We need better providers (services) to support people in the community.





The biggest thing people told us was that staff should be able to carry on supporting service users in different organisation.



Humber TCP has held an event recently for people who provide services to people with learning disabilities. This event looked at how they could support our plans for transforming care. More details in our next newsletter.



Humber TCP would like to thank everyone for coming to this event.



If you would like a copy of the report from this event please contact Peter Choules, Commissioning Lead (Mental Health and Learning Disability). His email address is:



peter.choules@nhs.net

The 9 principles of Building the Right Support

1. I have a choice about where I want to live

2. My family and paid support and care staff get the help they need to support me to live in the community

3. I have choice and control over how my health and care needs are met

4. My care and support is person centred, planned, proactive and coordinated

5. I have a good and meaningful everyday life

6. I get good care and support from mainstream health services

9. If I am admitted for treatment in a hospital setting because my health needs can't be met in the community. It is high quality and I don't stay there longer than I need to.

8. If I need it, I get support to stay out of trouble

7. I can access specialist health and social care in the community



An interview with Graham North

Wellbeing volunteer



Graham North is a wellbeing volunteer for City Health Care Partnership CIC. We talked to Graham about his work as a volunteer.

Graham has helped to co-produce the new Health Check booklet.

Graham said: "I have had a very busy year. I've been working with Wellbeing Nurse Suzanne Nicholls and Mencap as part of the Wellbeing group to produce the new booklet for people to take to their doctor when they go for their health checks."

"The Health Check booklet contains all the questions you need to ask your doctor to make sure you get good health care and health problems are picked up and treated early."

"We are really proud that we have the Health Check booklet in Hull. I really enjoyed visiting doctor's surgeries to talk about the booklet with them. It can also be used at the dentist and if you go to hospital."

"A new film has been made to show how we put the Health Check booklet together and how it should be used. Our next step is to take the booklet into prisons to talk to people there and we will be doing that in 2017."



You can watch the film here:
www.chcpcic.org.uk/pages/wellbeing-service

What is co-production?



Co-production means services working together with people who use services and carers. Co-production is important for all services.



People who use services are helping Humber TCP write their plans for the future.



People who use services and their carers are also helping Humber TCP carry out Care and Treatment Reviews (CTRs).



Humber TCP wants to make sure that co-production is at the centre of our work. Organisations like Inclusion North are helping us to do this.

Using technology could help people live independently



Hull and North East Lincolnshire Council's have been given some money to help support people with learning disabilities live more independent lives in their own home and feel more included in the community.



"Assistive" technology can be lots of different things. It could be anything that helps you live independently. For example; it could be an alarm that you press if you need help.



Both Councils will work with the NHS and other organisations to help make Transforming Care happen for everyone.



If you would like to know more about the Humber TCP or would like to get involved in our future plans then please email:



ERYCCG.ContactUs@nhs.net