

# TCP PEOPLE

Humber Transforming Care Partnership news



Welcome to the second edition of the Humber Transforming Care Partnership (TCP) newsletter. This quarterly newsletter will update you on how Humber TCP is working to change health and care services in a way that will make a real difference to the lives of children, young people and adults with a learning disability and/or autism in Hull, East Riding of Yorkshire and North East Lincolnshire.

## Helping people and families at times of crisis

One of the nine principles set out in the Government's Building the Right Support is: *If I am admitted for treatment in a hospital setting because my health needs can't be met in the community. It is high quality and I don't stay there longer than I need to.*

To look at this principle in more depth a very productive workshop involving 50 professionals, service users and carers, service providers and commissioners from East Yorkshire, Hull and North East Lincolnshire (NEL) took place in November.

It was an opportunity for attendees to look at best practice in our area around providing the necessary intensive support to prevent crises leading to hospital admissions.



### Our vision

The Humber Transforming Care Partnership is committed to improving safe care and treatment to make sure that children, young people and adults with a learning disability and/or autism have the same opportunities as anyone else to live satisfying and valued lives and are treated with dignity and respect. This vision is for all people with learning disabilities and/or autism living in the East Riding of Yorkshire, Hull and North East Lincolnshire.

## Helping people and families at times of crisis (continued)



The three excellent presentations from the Intensive Home Support for Hull and East Riding, Townend Court, Hull Assessment and Treatment unit and the Intensive Support Team and Adult Learning Disability Service (ALDS) for North East Lincolnshire were enhanced by the service users who were willing to tell us a little of their experiences. There was also a powerful story from one attendee about his experience as someone with learning disabilities within the prison system.

Attendees debated the barriers to change and what factors should influence the future development of the crisis pathway. The key actions identified that would make a profound difference to support people in crisis more effectively included:

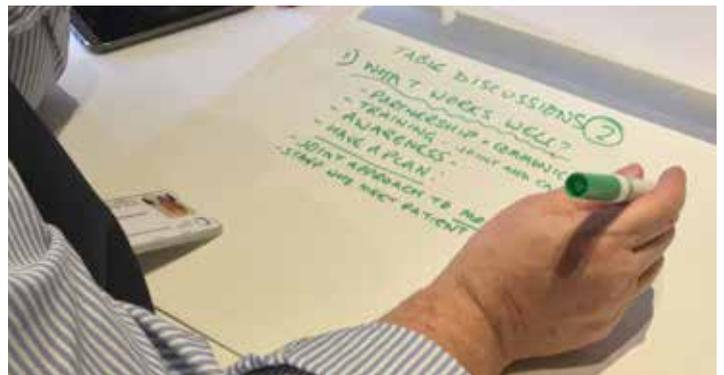
- The development of a more seamless funding process
- A need to improve the quality and range of providers
- A recognition that people can only be supported outside of hospital if they have meaningful activity and/or employment
- Professionals within intensive support teams being able to show care staff exactly how to manage complex and challenging behaviours
- It would be helpful to undertake a needs analysis city-wide

- More availability of crisis beds as an alternative to hospital
- Strong partnership arrangements, between social care providers and health teams
- A need to deliver high quality training in order that providers have suitably skilled staff
- Strategies to help prevent service users being caught up in the criminal justice system

Overall it was seen as very important to maintain relationships which work which would mean staff following service users into different settings.

Our next steps are to plan an event for new and existing learning disability care providers (see below), and for East Riding of Yorkshire and Hull CCGs to work with Humber NHS Foundation Trust to support a reduction in the number of admissions for crisis experienced locally.

Thank you to everyone who contributed to the event. A full feedback report is available from Peter Choules, Commissioning Lead (Mental Health and Learning Disability), NHS East Riding of Yorkshire CCG [peter.choules@nhs.net](mailto:peter.choules@nhs.net)



### Market Development Event for care providers

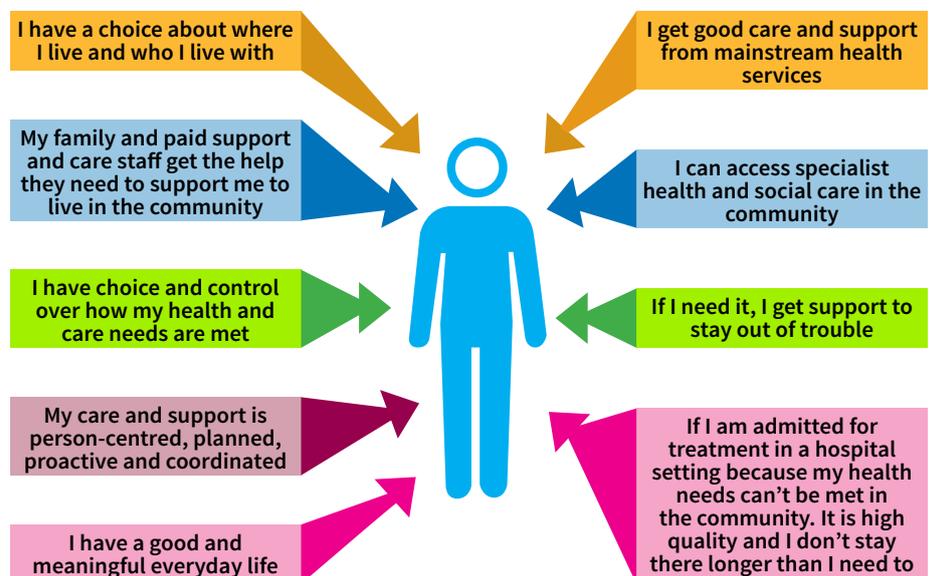
28th February 2017

Country Park Inn, Cliff Road, Hesse Foreshore HU13 0HB

More info from [leisha.scott@hullcc.gov.uk](mailto:leisha.scott@hullcc.gov.uk)

## The nine principles

Building the Right Support is structured around 9 principles seen from the point of view of a person with a learning disability and/or autism.



# Interview with Graham North Wellbeing volunteer

Graham North is a wellbeing volunteer for City Health Care Partnership CIC. We caught up with Graham at the Improving healthcare pathways at times of crisis event and asked him a bit about his work as a volunteer, which has included ‘co-producing’ a new Health Check booklet.

Graham said: “I have had a very busy year. I’ve been working with Wellbeing Nurse Suzanne Nicholls and Mencap as part of the Wellbeing group to produce the new booklet for people to take to their doctor when they go for their health checks.

“The Health Check booklet contains all the questions you need to ask your doctor to make sure you get good health care and health problems are picked up and treated early.

“We are really proud that we have the Health Check booklet in Hull. I really enjoyed visiting doctor’s surgeries to talk about the booklet with them. It can also be used at the dentist and if you go to hospital.

“A new film has been made to show how we put the Health Check booklet together and how it should be used. Our next step is to take the booklet into prisons to talk to people there and we will be doing that in 2017.”

You can watch the film here

[www.chpcic.org.uk/pages/wellbeing-service](http://www.chpcic.org.uk/pages/wellbeing-service)



## What is co-production?

Co-production recognises that people who use health and social care services (and their families) have knowledge and experience that can be used to help make services better, not only for themselves but for other people who need health and social care services.

The Humber Transforming Care Partnership is involving people as equal partners in designing the support and services they receive. This includes individual consultation as part of Care and Treatment Reviews (CTRs) with family members, advocates and local care co-ordinators.

Developing services through co-production is a long term commitment and challenge and we will work with other TCP areas and organisations such as Inclusion North to help us. A local speech and language therapist has been identified to support this process and to ensure our communication is accessible and effective.

Future co-production will drive us to develop services which recognise the aspirations of people with a learning disability and/or autism, as well as to understand the limitations of carers, on whom the burden of care has often fallen heavily.

## Who’s who in the Humber TCP:

TCPs are made up of people who use the services, their families and carers, health service providers, Clinical Commissioning Groups (CCGs), local authorities and NHS England specialised commissioning services. For Humber TCP this includes:

- People within the learning disability community in East Riding of Yorkshire, Hull and North East Lincolnshire
- East Riding of Yorkshire CCG
- Hull CCG
- North East Lincolnshire CCG
- East Riding of Yorkshire Council
- Kingston upon Hull City Council
- North East Lincolnshire Council
- Humber NHS Foundation Trust
- Care Plus Group
- NHS England Yorkshire and Humber Specialised Commissioning Team
- National Probation Service - Hull & East Riding

# Smart technology to aid independent living

Two local bids for Department of Health funding to help people with a learning disability live more independently in their own homes and help them feel more included in their local community have been successful.

A range of new 'assistive' technologies designed to enhance the lives of people with learning disabilities and promote greater independence will be introduced in Hull from March 2017.

Hull City Council recently secured £1.2 million for the ambitious two year project from the Government's Housing and Technology for People with Learning Disabilities fund. People living in council residential care for people with a learning disability at Preston Road, Park View and Pennine Way will be the first to benefit from the introduction of the new technologies.

Assistive technologies can include fingerprint locks, environmental monitors, medication dispensers, and sensors and talking devices to keep people safe in the kitchen, bathroom and at night. Making use of ipads to control devices and apps to store vital health information will also be part of the scheme.

Sharon Hofman, Hull City Council's Change Programme Manager for Adult Social Care, said: "One of the most important and exciting elements of the project is the collaboration with the Hull and East Riding Learning Disability Partnership Board. This means that people with learning disabilities, and their families and carers, will be involved in all stages of the project. This co-production will be critical to the project's overall success."



The project also offers scope for a number of empty council properties and new-builds in Hull to be adapted with the new technologies to meet individual need.

A 'show home' will be created and people with learning disabilities and their families and carers, plus social workers and occupational therapists will be invited to interact with the new devices. Individual plans will then be developed based on each person's need and the opportunities the technology can offer.

North East Lincolnshire Council has been awarded £650,000 for projects that will focus on adapting existing housing, creating new accommodation and giving people support so they have more independence and choice.

Cllr Peter Wheatley, portfolio holder for regeneration, skills and housing at the Council, said: "There is a need for this type of specialist housing in North East Lincolnshire. We're working with Develop NEL and a local firm JC Pomfret Construction to bring a brownfield site back into use and create new homes for people with a learning disability.

"Subject to planning and further approval from cabinet, the development will help create 15 adapted homes with various inbuilt living aids to help vulnerable people live safely and independently with support from KeyRing Living Support Network."

Both councils will also work with the NHS and other partners to link the project with the wider aims of the Humber Transforming Care Partnership.

**Tell us what you think**

If you would like more information about the Humber Transforming Care Partnership or would like to help us as we develop our plans, please contact [ERYCCG.ContactUs@nhs.net](mailto:ERYCCG.ContactUs@nhs.net)