

TCP PEOPLE

Humber Transforming Care Partnership news



Welcome to the first edition of the Humber Transforming Care Partnership (TCP) newsletter. This quarterly newsletter will update you on how Humber TCP is working to change health and care services in a way that will make a real difference to the lives of children, young people and adults with a learning disability and/or autism in Hull, East Riding of Yorkshire and North East Lincolnshire.

Introduction

Building the Right Support, NHS England's vision to shift the delivery of care and support for people with a learning disability away from the traditional reliance on hospital inpatient care, was published in October 2015. 48 TCP partnerships were established across the UK and a new national service model was published jointly with the Association of Directors of Adult Social Services in England (ADASS) and the Local Government Association (LGA).

- Too many people with a learning disability and/or autism reach a crisis point
- Too many people are in inpatient (hospital) care
- People don't always know where to get help
- Not everyone has a person centred plan
- Mainstream services do not always know how to help people with a learning disability and/or autism.



Building the Right Support recognises that things need to change and patient experience needs to improve for people with a learning disability. For example:

Humber TCP's three year transformation plan has been written in response to Building the Right Support. The Humber TCP works on a wider geographical area or 'footprint' than usual learning disability planning partnerships, which allows greater opportunities for learning from the experience of other areas and organisations.

Our local transformation plan will be a 'living' document, continuing to be developed in partnership with people with a learning disability and/or autism and their families and carers, as well as charities and other groups.

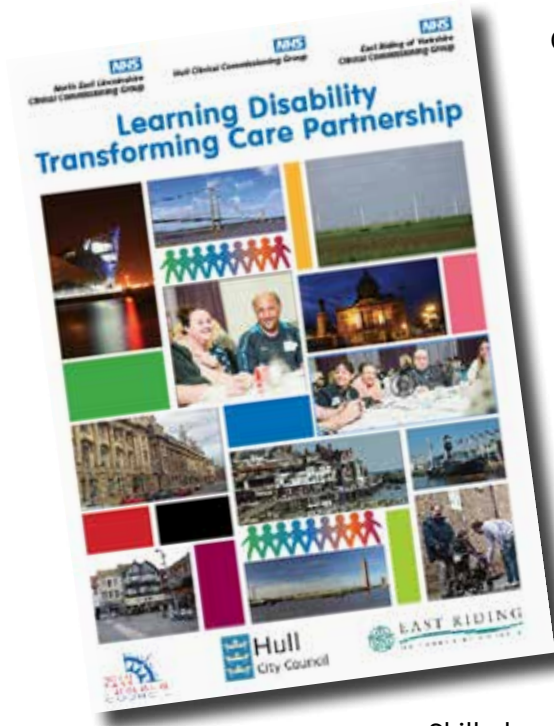
The success of our plan will be measured through our ongoing engagement with service users and carers, particularly through the Learning Disability Partnership Boards in Hull, East Riding of Yorkshire and North East Lincolnshire. You can read our plan here at www.hullccg.nhs.uk/HumberTCP

Our vision

The Humber Transforming Care Partnership is committed to improving safe care and treatment to make sure that children, young people and adults with a learning disability and/or autism have the same opportunities as anyone else to live satisfying and valued lives and are treated with dignity and respect.

This vision is for all people with learning disabilities and/or autism living in the East Riding of Yorkshire, Hull and North East Lincolnshire.

What's our plan for Humber?



Our plan focuses on a commitment to deliver safe care and treatment to make sure people of all ages with a learning disability and/or autism have the same opportunities as anyone else to live satisfying and valued lives and are treated with dignity and respect.

In line with national policy we will reduce our reliance on inpatient care. In March 2016 there were 45 people in learning disability hospitals from the Partnership area. Some of these people were in hospital locally and some were placed out of area to meet their special needs. We will reduce the number of people in hospital to 25 by 2019 and ensure that no-one is in hospital for longer than they need to be

To do this we plan to develop the following over the next three years:

- Housing options where people with highly complex needs, challenging behaviour or a history of offending can be safely cared for in the community, including places for times of crisis and short breaks.
- Specialist services able to respond quickly to provide short-term intensive skilled support when it is needed, to intervene and develop strategies to manage individuals in crisis
- A workforce with the right skills, including training in Positive Behavioural Support and access to communication techniques and sensory profiling to support people with complex neurological impairments including autism.

- Skilled and committed staff that can improve the quality of support for local people and prevent hospital admissions.

Formal consultation on specific aspects of the plan will take place, if required, or managed through engagement and co-production with service users, families and carers, Learning Disability Partnership Boards in Hull East Riding of Yorkshire and North East Lincolnshire, local Health and Wellbeing Boards and Scrutiny committees.

For further information about our plans visit www.hullccg.nhs.uk/HumberTCP. An easy read version of the plan is also available.

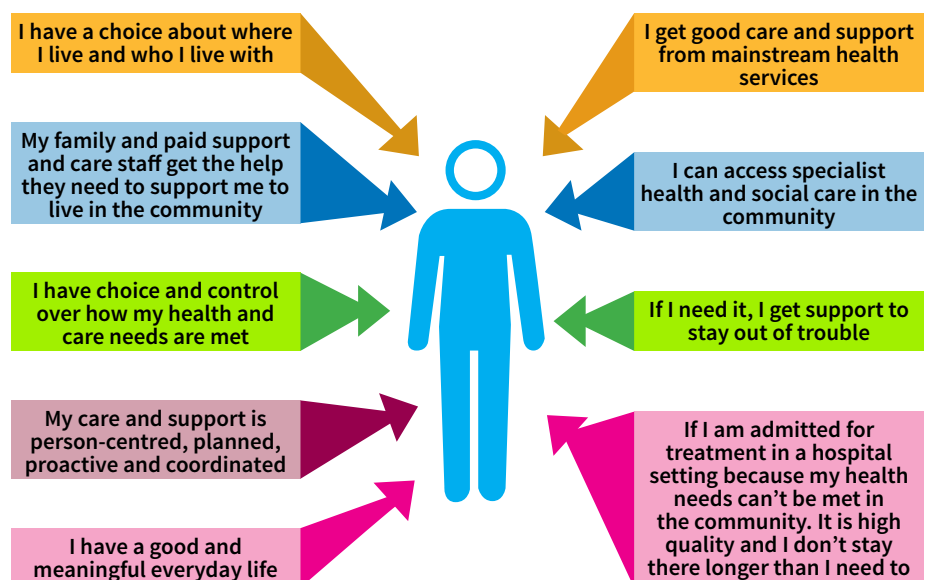
Who's who in the Humber TCP:

TCPs are made up of people who use the services, their families and carers, health service providers, Clinical Commissioning Groups (CCGs), local authorities and NHS England specialised commissioning services. For Humber TCP this includes:

- People within the learning disability community in East Riding of Yorkshire, Hull and North East Lincolnshire
- East Riding of Yorkshire CCG
- Hull CCG
- North East Lincolnshire CCG
- East Riding of Yorkshire Council
- Kingston upon Hull City Council
- North East Lincolnshire Council
- Humber NHS Foundation Trust
- Care Plus Group
- NHS England Yorkshire and Humber Specialised Commissioning Team
- National Probation Service - Hull & East Riding

The nine principles

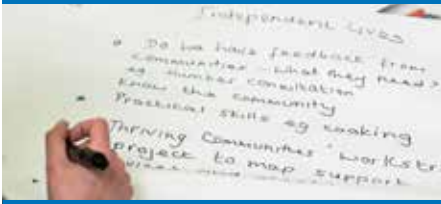
Building the Right Support is structured around 9 principles seen from the point of view of a person with a learning disability and/or autism.



TCP 2016 Event Round up



Thank you to everyone who attended the consultation event in May 2016. We were delighted to share our plans and vision with 100 people including service users, families and carers, people working in health and social care and voluntary organisations across the partnership prior to the submission of the Transforming Care Plan. Here are some photographs of the day.



Supporting people to live independently



The newly refurbished Eleanor Apartments in Grimsby

On the south bank of the Humber, NHS North East Lincolnshire CCG has just opened its third supported living apartment complex which enables vulnerable adults to develop their independence and have their own front door. This latest development is in addition to numerous, established supported living houses across the area.

This is part of the CCG's vision of providing the right support and environments to enable people of all abilities to live as independently as possible.

The Eleanor Apartments provide 12 self-contained apartments in Grimsby. The scheme is fully occupied, which shows there is huge demand for this kind of development. Tenants Personal Budgets are delivered in partnership by local providers Care4all and Navigo Extra. The Housing provider running the scheme and acting as landlord is Inclusion Housing which is a social enterprise and registered housing provider.

“Supporting people’s independence is very important,” explained Angie Dyson, service lead disability and mental health for NHS North East Lincolnshire CCG.

“The development of these apartments allows people to develop important skills and live independently with the right amount of support by using their personal budget. The environment

and architecture of the development is geared up to supporting tenants to carry out daily tasks themselves and mix with their peers by sharing budgets and maximising support available.”

Dean, aged 32, has lived in his apartment for four months and is a part time Catering Assistant at Strand Court, an NHS North East Lincolnshire CCG Extra Care Housing development for frail elderly people. He used to live with his mum prior to moving into Eleanor Apartments.

“I like everything about living here,” says Dean. “The staff are brilliant and very helpful.”

“Since I’ve come here I think I have become more independent, I enjoyed living with my mum, but felt it was time to branch out and I have got some good friends here.

“I’m very houseproud and like to make sure my flat is clean”

“I’ve learnt how to be friendly and talk to people more than I did before. I was quiet and nervous but my confidence has grown and I know that if I have any problems there are people I can go to for support.”

“You can come and go as you please and I have my freedom but support is there when I need it. I go and visit my mum every Friday and she thinks my apartment is great.”

News in brief

My Health Guide

Humber NHS Foundation Trust was the first in the country to trial the My Health Guide app to help people with mild to moderate learning disabilities in Hull and the East Riding communicate more effectively with care teams.

"My Health Guide" allows people to capture video, record voice messages and show photographs of their lives and the people important to them alongside vital information about their healthcare.

Find out more at www.humber.nhs.uk



All geared up for Hull 2017 - UK City of Culture

Trainees at CASE Training, the well-established Hull-based organisation working with people with learning disabilities, helped NHS Hull CCG launch its sponsorship of the City of Culture 2017.

Steve Rusling, Marketing Manager at CASE, added: "We're really looking forward to getting our trainees at CASE getting involved with Hull City of Culture 2017. They will benefit from it in many ways such as social inclusion, healthier living, learning new skills and of course from volunteering, attending events during the year and taking part in their own dedicated workshops and activities."



Major Partner Hull 2017 launch at CASE Training, Hull in August 2016

Could you be a Shared Lives Carer?

Shared Lives is unlike any other form of care and support. Shared lives places people in need in the family home of their shared life carer offering support that is built around the individual enabling them to live safely in the community. Shared Lives Carers are unique in social care in that they provide both paid and unpaid support, and their role is both professional and personal. It is vital to recruit the right people and families as Shared Lives Carers to ensure that people are in strong relationships which everyone enjoys and values and that the Scheme's work is safe, effective and designed to achieve great outcomes.

Shared Lives offers an alternative to traditional residential and supported living placements and offers a significant reduction in costs when compared to more traditional services. The Scheme provides Shared Lives arrangements for a wide range of people with a learning disability, physical disability and sensory impairment, acquired brain injury, mental health and drug and alcohol related problems. There is also potential to offer support to older people, people leaving hospital, parents with learning disabilities and people leaving prison/prevention of re-offending behaviour.

Hull Adult Social Care is looking to expand its service and is asking for people to apply as carers. For more information and how to apply please contact Paula Curtiss on 01482 318700 paula.curtiss@hullcc.gov.uk

Tell us what you think

If you would like more information about the Humber Transforming Care Partnership or would like to help us as we develop our plans, please contact ERYCCG.ContactUs@nhs.net



North East Lincolnshire
Clinical Commissioning Group



Hull Clinical Commissioning Group



East Riding of Yorkshire
Clinical Commissioning Group

